

Join Family Paths Today!



Family Paths strengthens family relationships by providing mental health and supportive services with respect, integrity, compassion, and hope.

For more information visit us on the web at www.familypaths.org.

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**Help prevent child abuse and strengthen families.
Become a Volunteer Hotline Counselor!**

Help make a difference in the lives of families by speaking with and supporting parents who are feeling stressed, isolated or overwhelmed. By answering our 24-hour Family Support and Resource Hotline, volunteers provide counseling to parents in order to promote stress reduction, mental health and positive parenting.

By answering our hotline calls, volunteers become a lifeline to parents who need understanding and support when dealing with difficult parenting issues and stress.

The provided Pre-Service Training prepares volunteers to encounter a variety of calls by introducing active listening skills, discussing family issues (such as family diversity, substance abuse and domestic violence) and through practicing role plays.

For more information, or to request an application, please contact:

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Family Paths Volunteer Opportunity
call Chantal at 510-893-9230 x. 278
or email cmyllymaki@familypaths.org